# PENICUIK ATHLETIC YOUTH FOOTBALL CLUB

# NEWSLETTER

**MARCH 2024** 







# THE 2016S MOVING ON UP



The 2016 group is currently made up of 30 energetic children, and as the children enter their second official year in the player pathway they have just started playing 5 a side matches on a Saturday morning.

This move from playing 4s to 5s sees the introduction of a goalie into their matches which all the children are excited about.

The age group is led by a great group of volunteers and is fortunate enough to have a bank of nine coaches that work together to create and deliver training sessions to the children every Monday and Wednesday evening.

The 2016s are proudly sponsored by Boombarbers, Karlas walks, Taylor Wimpey and Jimmy Shoe and the Small Laces

We look forward to seeing what the Super 5s year has in store for this group.

# LOOKING TO CATCH A GOALKEEPING COACH



We are still on the lookout for a volunteer to train our goalkeepers, it is a specialised position that needs some separate attention. We will be able to offer an interested person free access to SFA goalkeeping courses in return for a commitment to weekly sessions for our keepers.

## Please contact

coachcoordinator@payfc.co.uk to note interest or for further information.

# PENICUIK ATHLETIC YFC LOTTERY



Our Fundraising Coordinator Alisha Henderson is looking to organise a lottery, details still being finalised and will be promoted in due course.

### A COMPLETE PENICUIK FOOTBALL PATHWAY



Earlier this month Kadien Benham (pictured left with 2006 Head Coach Chris McLean) completed a football journey that we hope to see more of. He started out as a 5 year old with our 2006 age group and remained a player with our club until the beginning of this season when he moved to Penicuik Athletic FC Under 20 Team.

On Saturday 2nd March 2024 he made his first team debut against Jeanfield Swifts circa 11 years after his debut with our club.

Other players who have spent time with our club who have also played for the first team recently include Struan Woodford, Finlay McLean, Sam Neil, Max McGinley and Tony Robertson.

Other former players currently at Penicuik 20s who will hopefully be part of the first team soon include Blake Meikle, Ben Watson, Lewis Moffat, Nathan Brown and Aiden McManus.



Kadien though may well be the first in recent years to have completed the path from start to finish solely playing for our towns only two clubs.

From next season we anticipate players in our Under 17 and 18 teams being able to have the option of a dual contract with both our teams and the U20s allowing them to play and train for either. This is further strengthening and formalising the route from Early Touches right up to East of Scotland Senior Football in our boys side.

Will be seeking to mirror this on the girls side in the coming years.

# **PLAYER SUBSCRIPTION AUDIT**

Many of you will be aware we are currently completing an audit of our player subscriptions. It is important that everyone is paying the correct amounts to ensure the club can pay what we require throughout the year. It has been a fair bit of work to pull this together and many thanks to the coaches whom much of the work has fell upon to liaise with parents.

Just a reminder you receive a £5 discount on your 2nd child and if you are struggling to pay please speak to your coach where we will apply absolute discretion to support you.



Coaches at our club volunteer anything between 6 and 10 hours each week, almost every week of the year. All this lost, precious family time takes place largely on evenings and weekends.

That's anything between 300 and 500 hours per year without renumeration.

There are around 70 such individuals demonstrating this level of commitment to the club and we are lucky to have them. We may have done an finance audit recently but our coaches are without doubt the club's greatest asset.

#### **Monday**

Notify opposition of game details

Load match onto team app Inform the ref of kick off time

# Tuesday

Remind parents to reply for training

Pump up the balls

Prepare training session
Travel to training
Set up drills and deliver
training session

# Wednesday

What's App chat with parents on various matters

#### **Thursday**

Remind parents to reply for training

Prepare training session Travel to training

Set up drills and deliver training session

**Identifying Lost Property** 

# Friday

Remind parents to reply for game on Whats App
Pick team for game
Collect VEO camera and tripod
Pick up money for paying ref
Wash bibs
Check forecast re pitch
playability
Writing up rotations and
circulating round all coaches

#### Saturday/Sunday (match day)

Check pitch is playable
Prepare teamsheets
Travel to game
Warm up and Teamtalk
Pick team and manage
substitutes.

Put up the nets and corner flags Set up the goals and mark out pitches

Return VEO camera and Tripod Parent After Match Analysis Blog Match Day social media post Call league Secretary with result Ask for pitch for next week



- Finance audit to check everyone is paying correctly
- Looking for sponsors and organising purchases of kit
- Coaching Qualifications and First aid Courses
- Registering Team and Players

